

NEWSLETTER No 20 of 2015 /16 7th MARCH 2016

Wallsend RSL Athletic Club

Wallsend RSL Little Athletic Centre

www.wallsendathleticsclub.org.au A.B.N. 70 859 060 841

TONIGHT ROUND SEVEN (7) WEEK ONE (1)

AND IT'S BBQ MONDAY

ALTHOUGH WE WONT GET A FULL 1-2-3 WEEKS PROGRAM IN
TONIGHT & NEXT MONDAY ARE POINTSCORE COMPETITIONS

TRAINING

Thursday 5.30pm to 6.30pm

STATE LITTLE ATHLETICS QUALIFIERS

most information and details have been issued...if you have any worries or concerns
please see officers at the table

WALLSEND JOBS FOR STATE LA CHAMPIONSHIP

>>>> 3 PEOPLE REQUIRED for 3 JOBS <<<<<

1 for FRIDAY 5PM to 7.30PM for U14 BOYS TRIPLEJUMP

1 for SATURDAY 11.25AM to 1.45PM for U17 GIRLS TRIPLEJUMP

1 for SUNDAY 9.30AM to 11.50AM for U11GIRLS DISCUS

Please see Officers at Table to fix up

NOTICE of ANNUAL GENERAL MEETING FRIDAY 6TH MAY 2016

held at Diggers Wallsend 7.30pm....Officers and Officials positions are open for
nomination Forms available Note Officers Positions are shown on reverse side

WOW!!! ONLY 53 athletes GOING ??????

well that's the ONLY Forms that have been returned

CLUB PRESENTATION FRIDAY 29TH APRIL

at Diggers Wallsend start time 6.00pm expected Finish time 8.30pm

Attendance Forms Out Now.....YES /// NO.....coming or not

EVERY FAMILY PLEASE complete Form with Details....

WILL BE GREAT HELP IF YOU

RETURN FORM TONIGHT or NEXT MONDAY

ATHLETES HOLDING CLUB PERPETUAL TROPHIES A REQUEST

PLEASE RETURN DURING WEEK NEXT MONDAY AT LATEST....thanks.

CLUB ONE MILE HANDICAP RACENEXT MONDAY

will be held Monday of Club competition 14th March,
runners will have a different start time (times based on your 1500m time)
Everyone will run the 1 mile distance (that is 1609.34 metres)
If you want to compete, WRITE NAME ON SHEET

LUCKY LAST HELPERS DRAW

winners for February competition officials and helpers
Chris Scigala U13F Alexia Matthews U9M Laura Hinder U10M
Adam Berwach U8M Darren Perrett U11M H Spannerberg U10F

Please collect your bbq sandwich and drink prize from canteen

COMING UP

NSW STATE LITTLE ATHLETIC CHAMPIONSHIP

Friday Saturday Sunday 18th 19th 20th March

at Sydney Olympic Park Athletic Centre

BE CAREFULL OF THE FRIDAY NIGHT EVENTS

AUSTRALIAN JUNIOR CHAMPIONSIPS

Tuesday to Sunday 8th to 13th March at Perry Stadium Perth

AUSTRALIAN SENIOR OPEN & MULTI CHAMPIONSHIP

Thursday to Sunday 31st March to 3rd April

being held at Sydney Olympic Park Athletic Centre

AUSTRALIAN MASTERS CHAMPIONSHIPS

Saturday to Tuesday 16th to 19th April in Adelaide

ANSWERS to No 19 Newsletter TEASERS

COPY RIGHT FOR ONCE IN HISTORY REPEATS READING BETWEEN
A TIME ITSELF THE LINES

>>>>>copy 1111 History r/e/a/d/i/n/g
. TIME History
. History

Ok done well....see how you go for last for the season

SHAPE^^^ Timing Good LAST shoot/shoot
SHIP >>> Timing Good LAST